

Terms & Conditions for Midwifery Sessions

1. Session Content and Structure

- **Content Scope**

The content of each session is determined by the midwife leading it. Participants are encouraged to ask questions to clarify topics discussed during the session. However, requests for topics that fall entirely outside the scope of the session title will not be accommodated.

- **Midwife's Right to Alter Content**

The midwife reserves the right to adjust the content of the session if deemed necessary to address the unique needs of the group or individual safety and learning outcomes. This ensures the information provided is as beneficial and applicable to all participants as possible.

- **Language Selection**

Sessions are offered in both Maltese and English. Participants must select their preferred language at the time of booking and are expected to adhere to this choice throughout the session. The midwife will not accommodate requests to switch languages during the session.

- **Language of Handouts and Materials**

Any handouts and additional materials which might be distributed during the session, will be provided in the language selected during booking (Maltese or English). Requests for translation to the other language may not be accommodated.

2. Booking, Payment, and Attendance Policies

- **Payment Terms**

All sessions must be paid for in full at the time of booking. This ensures that we can secure your spot and provide you with the best possible service.

- **Refund and Rescheduling Policy**

Prepaid sessions for individuals who do not attend (no-shows) are non-refundable and cannot be rescheduled. We strongly encourage participants to ensure they can commit to the booking to avoid loss.

- **Cancellation Policy**

Cancellations must be made at least 48 hours prior to the scheduled session to be eligible for rescheduling. Late cancellations (within 48 hours of the session) will not be eligible for a refund or rescheduling.

- **Refunds for Cancellations by the Clinic**

If a session is cancelled by the clinic for any reason (beyond rescheduling), participants are entitled to either a full refund or to reschedule for a future session. In such cases, it may also be necessary for the clinic to find a suitable alternative midwife to conduct the session, which may not be the midwife initially booked by the participant. The clinic will provide notice as soon as possible and make every effort to minimize inconvenience.

3. Changes and Attendance Expectations

- **Changes to Scheduled Sessions**

While every effort is made to adhere to the scheduled dates and times, unforeseen circumstances such as illness of the professional, power outages, or other uncontrollable factors may lead to a change. In such situations, every effort will be made to reschedule the session at the earliest convenience.

- **Late Arrivals**

Participants should arrive at the clinic a few minutes before the scheduled start time to ensure a timely beginning. Sessions will proceed as scheduled regardless of participant arrival times. For late arrivals, the session will continue from the current point, and the midwife will not be responsible for covering any missed content or extending the session beyond its scheduled end time.

- **Participant Conduct**

Participants are expected to behave respectfully towards the midwife and other attendees. To ensure a productive learning environment, participants must allow others to speak without interruption, respect different perspectives, and follow the activities as directed by the midwife. Any form of harassment, inappropriate language, or disruptive behavior may lead to removal from the session without a refund.

- **Right to Refuse Service**

The clinic reserves the right to refuse service if participants do not adhere to the terms and conditions, exhibit disrespectful behavior, or fail to follow the established guidelines. In such cases, no refunds will be provided.

4. Intellectual Property, Recording, and Materials

- **Photography and Videography**

Photography, videography, and any form of recording during the sessions are strictly prohibited, except with prior consent from the midwife. The midwife reserves the right to deny any request for recording.

- **Intellectual Property and Distribution**

The content shared during these sessions is proprietary. It is strictly prohibited to copy, reproduce, or distribute any part of the session content to third parties. This includes sharing handouts, written notes, or any materials provided by the midwife.

- **Session Materials**

Any materials provided during the session, including handouts, slides, or other resources, are strictly for the use of registered participants. These materials may not be reproduced, shared, or used for commercial purposes. Participants must respect intellectual property rights and may not alter or create derivative works from provided materials.

5. Health, Safety, and Liability

- **Health and Safety**

For in-person sessions, participants should inform the midwife in advance of any relevant medical conditions or specific needs. The clinic will take reasonable

measures to provide a safe and comfortable environment but cannot be held liable for individual health issues that arise during or after the session.

- **Health Guidelines and Illness Policy**

Participants are required to follow all health and safety guidelines set by the clinic. If a participant feels unwell, they should notify the clinic immediately to discuss rescheduling options. The midwife reserves the right to ask any participant who appears visibly ill and poses a health risk to herself or other participants to leave the session.

- **Limitations on Physical Participation**

Participants should listen to their bodies and avoid any physical discomfort during activities or exercises demonstrated in the session. The midwife will provide alternative approaches where possible, but ultimately, each participant is responsible for deciding what they can safely do. The clinic is not liable for injuries sustained due to overexertion or failure to follow the midwife's instructions.

- **Consent for Physical Demonstrations**

Certain sessions may involve demonstrations that require light physical contact (e.g., demonstrating birthing positions or relaxation techniques). Participants will always be asked for consent before any physical demonstration, and they have the right to decline. If a participant is uncomfortable at any point, they should inform the midwife immediately.

- **Liability Waiver**

The information provided during the midwifery sessions is intended for educational purposes only. It does not substitute professional medical advice. Participants are encouraged to consult their healthcare provider for specific medical concerns. The clinic and the midwife are not liable for any outcomes resulting from the application of session content outside the intended context.

- **Waiver of Liability for Use of Facilities**

For in-person sessions, participants agree that they use the clinic's facilities at their own risk. The clinic is not liable for injuries or accidents occurring as a result of participant action or failure to adhere to the midwife's instructions during the session.

- **Reporting Unsafe Conditions**

Participants are encouraged to report any unsafe conditions or practices they observe during the session. If any participant feels that their safety, or the safety of others, is at risk, they should immediately inform the midwife or clinic staff to address the concern promptly.

6. Practicalities and Additional Guidelines

- **Accompanying Partners**

These sessions are specifically designed for pregnant individuals and their partners. The number of participants will be automatically accounted for at the time of booking as a couple. Please note that additional participants, beyond the pregnant individual and their chosen support person, will not be permitted to attend unless previously agreed upon with the clinic or midwife. Any such arrangements may incur additional costs.

- **Group Size and Session Participation**

For group sessions, the number of participants will be limited to ensure a comfortable

and effective learning environment. The clinic reserves the right to adjust the group size if necessary. Additionally, participants are expected to contribute to a positive and collaborative atmosphere without interrupting or monopolizing discussions.

- **Children Attendance Policy**

Children are not permitted to attend midwifery sessions unless specifically allowed for particular events. This helps maintain an environment conducive to learning and ensures the session remains focused on the participants.

- **Accessibility Needs**

If you or your partner have specific accessibility needs, please notify the clinic at the time of booking so that necessary accommodations can be made. We strive to make sessions accessible for all attendees within reasonable limits.

- **Session Attire**

It is advisable that participants attending in-person sessions should wear comfortable, loose-fitting clothing suitable for light physical activity. This will allow for easy participation in any exercises or demonstrations.

- **Emergency Situations**

In the event of an emergency during an in-person session, participants are required to follow the midwife's instructions to ensure safety. The clinic will have emergency procedures in place, and it is crucial that all participants respect these guidelines.

- **Contact for Rescheduling**

In the event of unforeseen circumstances where a session needs rescheduling, participants will be contacted through their provided contact details. It is the responsibility of participants to ensure that their contact information is accurate and updated.

7. Privacy and Data Protection

- **Privacy Policy**

All personal information collected during the booking process is handled with confidentiality and in accordance with our privacy policy. Information shared during sessions remains private between participants and the midwife. For sessions involving multiple couples, participants are reminded that any information shared by others is also private and must not be distributed outside of the session. The clinic and the midwife will not be held responsible for any breach of confidentiality by other participants.

- **Data Protection**

All personal information collected during the booking and participation process will be used in compliance with data protection regulations. Your data will be stored securely and will not be shared with third parties without your explicit consent, except where required by law.

- **Communication Outside of Sessions**

The midwives are available to answer questions during sessions, but communication outside of the scheduled sessions (such as by email or phone) is not guaranteed unless explicitly stated by the clinic or midwife. For further questions or support, please refer to our dedicated channels, which may include additional services or consultations.